



GREEN AURA IS A SMALL, FAMILY RUN, AROMATHERAPY BUSINESS, SITUATED AT BALNAKEIL CRAFT VILLAGE, IN THE FAR NORTH OF SCOTLAND, NEAR CAPE WRATH.

A QUALIFIED AROMATHERAPIST (IFPA REGISTERED) OFFERS A VARIETY OF HOLISTIC TREATMENTS.

WE USE ONLY THE FRESHEST, HIGHEST QUALITY INGREDIENTS WE CAN FIND. OUR PRODUCTS ARE FREE OF THE ADDITIVES THAT ARE INTENDED TO PROLONG THEIR SHELF-LIFE. THEY ARE MADE BY US ON THE PREMISES AND SOLD DIRECT TO YOU. AS THERE IS NO MIDDLE MAN THERE IS NO NEED FOR THESE ARTIFICIAL PRESERVATIVES.

THEY ARE MADE USING 100% THERAPUTIC GRADE ESSENTIAL OILS, COMPLY WITH EU COSMETIC DIRECTIVES AND ARE **CRUELTY-FREE**.

WE HAVE AN HONEST AND OPEN APPROACH TO WHAT GOES INTO GREEN AURA RANGES. WE BELIEVE IT IS IMPORTANT YOU KNOW WHAT IS IN OUR PRODUCTS AND ALL OUR LEAFLETS (IN-STORE) WILL GIVE YOU THAT INFORMATION.

ALL OUR ITEMS ARE HANDMADE IN SMALL BATCHES TO ENSURE THEIR FRESHNESS AND WHEN YOU USE THESE PRODUCTS YOU WILL REALISE WHY **WE BELIEVE THEY ARE SO MUCH BETTER THAN ANYTHING YOU'VE TRIED BEFORE!**

MOST OF OUR PRODUCTS ARE VEGAN OR CAN BE ADAPTED FOR VEGANS.

Please remember that it is possible to be allergic to even the most natural product. If you are sensitive to new products, or have allergies, a patch test may be advisable. Rub a tiny amount on the inside of your elbow and leave on overnight. If there is any redness or itching the following morning do not use.

MANY OF THESE PRODUCTS CONTAIN NUTS OR NUT OILS.

CHECK OUT THIS SITE REGULARLY AS WE ADD NEW PRODUCTS REGULARLY

PRICE LIST

SOAPS

ALL OUR SOAPS ARE HAND-CUT AND ARE ROUGHLY 100ml VOLUME. SHAPE MAY VARY ACCORDING TO THE MOULDS IN USE, BUT THEY REMAIN THE SAME APPROXIMATE SIZE.

FOUR SEASONS SOAPS (ORGANIC BASE)

£3

THESE SOAPS ARE MADE FROM AN ORGANIC SOAP BASE, ENRICHED WITH MACERATED CARRIER OILS WHICH ALSO GIVE THEM THEIR COLOUR. THEY ARE FRAGRANCED WITH PURE ESSENTIAL OILS AND JUST A SMIDGEON OF BOTANICALS TO GIVE A VERY GENTLE SCRUB TO THE SKIN. NO ARTIFICIAL COLOURS OR ADDITIVES ARE USED.

ALTHOUGH CALLED FOUR SEASONS – INSPIRED BY THE BEAUTIFUL COLOURS THE OILS PRODUCE - THEY

CAN OF COURSE ALL BE USED ALL YEAR ROUND.

SPRING **COMPLETELY REVISED PRODUCT FOR SPRING 2008.** THE COMBINATION OF CENTRAL HEATING, THICKER CLOTHING AND LESS TIME IN THE FRESH AIR CAUSES DEAD SKIN CELLS TO BUILD UP AND MAKES YOUR SKIN LOOK DULL AND DRY. CLEANSING WITH OUR NEW MILDLY EXFOLIATING, MOISTURISING SOAP, ENRICHED WITH OLIVE AND AVOCADO OILS AND A BLEND OF **GRAPEFRUIT, FENNEL AND JUNIPERBERRY** REVIVES THE SPIRITS (AS WELL AS GIVE YOUR SKIN A TREAT) FOR THE COMING SPRING.

SUMMER THE VIBRANT YELLOW COLOUR COMES FROM CALENDULA OIL (A GENTLE NOURISHING OIL OFTEN USED IN BABY PRODUCTS) AND THE SMELL OF SUMMER IS A BLEND OF **LAVENDER, MANDARIN AND ORANGE BLOSSOM** ESSENTIAL OILS PLUS A SPRINKLE OF POT MARIGOLD PETALS.

AUTUMN THE RICH ORANGE/RED OF ST JOHN'S WORT AND CARROT OILS, EXCELLENT OILS FOR DAMAGED OR MATURE SKIN, IS ENHANCED BY THE BLEND OF **GERANIUM, IMMORTELLE AND ROSEWOOD** ESSENTIAL OILS. THE AUTUMNAL FEEL IS CONTINUED WITH THE ADDITION OF ROOIBOS (REDBUSH TEA) LEAVES.

WINTER LIKE WINTER, THIS SOAP HAS VERY LITTLE COLOUR, OTHER THAN FROM THE ORGANIC BASE, ALTHOUGH A SLIGHT HINT OF BLUE COMES FROM THE ADDITION OF POPPY SEEDS. LEMON BALM AND EVENING PRIMROSE OILS ARE HIGHLY EFFECTIVE EMOLLIENTS AND THE ADDITION OF **MAYCHANG, THYME AND EUCALYPTUS** ESSENTIAL OILS ARE UPLIFTING (MUCH NEEDED IN THE HARSH WINTER MONTHS).

GEM SOAPS

£2.50

THE CRYSTAL CLEAR GLYCERIN SOAP BASE USED FOR THESE SOAPS MADE ME THINK OF DIAMONDS, WHICH WAS THE SPRINGBOARD FOR THIS RANGE OF SOAPS BASED ON THE RICH COLOURS OF PRECIOUS STONES. ALTHOUGH NOT PRESENT IN THERAPEUTIC QUANTITIES, THE ESSENTIAL OILS IN THESE SOAPS ARE SPECIALLY BLENDED TO NOT ONLY MATCH THE GEM THEY REPRESENT BUT ALSO SPECIFIC PROBLEMS. THEY MAY JUST HELP YOU!

DIAMOND CRYSTAL CLEAR, WITH NO ADDED COLOURING, THIS SOAP WITH ITS BLEND OF **ROMAN CHAMOMILE, LAVENDER AND IMMORTELLE** MAY BE USEFUL FOR PEOPLE WHO SUFFER FROM ALLERGIES.

AMETHYST I MADE THIS SOAP WITH MY MOTHER IN MIND. AT 83 THE ONLY THING THAT SLOWS HER DOWN ARE THE ACHES AND PAINS SHE GETS FROM ARTHRITIS. THE BLEND OF **SWEET MARJORAM, CORIANDER AND CLOVE** IN THIS SOAP ARE EXCELLENT FOR THE ACHES, PAINS AND STRAINS OF EXERCISE OR TIME. AMETHYST, BY THE WAY, IS HER BIRTHSTONE.

SAPPHIRE THE BLEND OF **JASMINE, GERMAN CHAMOMILE AND PATCHOULI** ARE NOTED FOR THEIR SKIN-HEALING PROPERTIES IN THIS LUXURIOUS BLUE SOAP. MEN SEEM TO REALLY LIKE ITS SMELL.

EMERALD GREEN, THE COLOUR OF HEALING, IS THE PERFECT BASE FOR THE BLEND OF **EUCALYPTUS, NIAOULI AND SPANISH SAGE** WHICH ARE ALL IMMUNE-BOOSTING OILS.

TOPAZ OK, IT'S ONLY SEMI-PRECIOUS BUT THAT DOESN'T MEAN THIS BRIGHT YELLOW SOAP IS ANY LESS DELIGHTFUL. **BERGAMOT, ORANGE BLOSSOM AND YLANG YLANG** MAKE THIS SULTRY BLEND UPLIFTING FOR THE SPIRIT AND IS JUST A LITTLE BIT SEXY!

RUBY PASSIONATE, SEDUCTIVE, THE COLOUR OF LOVE. **GERANIUM, SWEET MARJORAM AND CYPRESS** MAKE THIS BALANCING AND CALMING BLEND PERFECT FOR WOMEN! NOT THAT WE'RE A PROBLEM, OF COURSE.

WHITE SOAPS

£2.50

MADE FROM A WHITE SOAP BASE THESE ARE IN FACT GENTLY COLOURED TO GIVE A HINT OF THE BLEND OF ESSENTIAL OILS THEY CARRY, ALONG WITH A FEW FLOWERS FOR INTEREST.

JASMINE, ROSE GERANIUM AND BERGAMOT A DELICATE PINK, WITH A FEW ROSE PETALS, FOR A GENTLE, CALMING BLEND OF OILS.

GRAPEFRUIT, PALMAROSA AND CYPRESS A HINT OF YELLOW, AND A TOUCH OF LEMON PEEL COMPLEMENT THIS STIMULATING BLEND OF OILS.

BENZOIN, CINNAMON AND MANDARIN A DELICATE ORANGE COLOUR AND A HINT OF ORANGE SAFFLOWER PETALS, GIVE THIS SPICY BLEND A SEASONAL FEEL. REMINDS ME A LITTLE OF SOMEONE'S CHOCOLATE ORANGE!

LAVENDER, SPANISH SAGE AND CEDARWOOD LAVENDER COLOUR, LAVENDER BUDS BUT WITH A LITTLE MORE THAN PLAIN OLD LAVENDER MAKES A BEAUTIFUL BALANCING BLEND.

SOAPS FOR OUR YOUNGER CUSTOMERS

£2.50

BABY SOAP MADE WITH THE ORGANIC SOAP BASE AND A LITTLE CALENDULA OIL TO SOOTHE AND HEAL YOUR BABIES SKIN. NO ADDED COLOUR OR FRAGRANCE.

CINDERELLA PINK AND SPARKLY, WITH A HINT OF **LAVENDER AND MANDARIN**. PERFECT FOR A LITTLE GIRL.

TEENAGE KICKS **GERMAN CHAMOMILE, PEPPERMINT AND TEA TREE** MAKE THIS SOAP SUPER FOR TEENAGE SKIN.

SPECIALS

£2.50

HIGHLAND SHORTBREAD ALL THINGS SCOTTISH IN A BAR! OATMEAL, HEATHER AND THYME MADE IN SMALL BATCHES IN A TRADITIONAL SHORTBREAD MOULD.

SLEEPYTIME HAVE A RELAXING NIGHT-TIME BATH WITH THIS SOAP. SCENTED WITH **GERANIUM, SWEET MARJORAM AND ROMAN CHAMOMILE**, AND BECAUSE YOU PROBABLY WON'T BE AWAKE TO SEE THEM WE'VE ADDED A FEW STARS.

PARTY TIME TO GET YOU IN THE PARTY MOOD. THIS SULTRY DEEP-VIOLET SOAP IS SCENTED WITH A SEXY BLEND OF **ROSE GERANIUM, PALMAROSA AND CLOVE BUD** AND DARK HINT OF GLITTER TO GET YOU READY TO BOOGIE.

TEQUILA SUNSET SORRY NO TEQUILA - BUT WHEN YOU SEE THIS BRIGHT ROSE/YELLOW, FRESH, CITRUS-SMELLING SOAP WITH ITS BLEND OF **MAYCHANG, BERGAMOT AND MANDARIN**, YOU'LL KNOW WHERE IT GETS ITS NAME.

BRUCE COULDN'T THINK OF A TITLE FOR THIS LOVELY MASCULINE SOAP. SCENTED WITH **BLACK SPRUCE, JUNIPERBERRY AND CLOVEBUD** IT COMPLEMENTS OUR MEN'S RANGE.

TANGERINE DREAM A BLEND OF **MANDARIN, PATCHOULI AND GINGER** GIVES RICH, WARM SPICY FRAGRANCE,

TRAVELLER'S SPECIALS

£3.50

2 IN 1 TRAVEL SHAMPOO BAR SHAMPOO AND CONDITIONER COMBINED IN ONE "HANDY TO PACK" BAR. NO NEED FOR BOTTLES. THERE ARE TWO TYPES

GREEN - FOR GREASY HAIR AND/OR DANDRUFF

PURPLE - FOR DRY HAIR AND SCALP.

NETTLE SOAP IN A LOOFAH – NO NEED TO TAKE A SEPARATE WASHCLOTH! A GENEROUS-SIZED SOAP ENRICHED WITH EMOLLIENT OILS WITH **NETTLES, PEPPERMINT AND LAVENDER** – ALL GREAT CLEANSING, DEODORISING AND CONDITIONING HERBS. MOULDED ROUND A SLICE OF LOOFAH TO KEEP YOU FEELING COOL AND FRESH ON YOUR TRAVELS.

WOMEN'S FACIAL PRODUCTS

ROSE GERANIUM RANGE – VERY RICH AND LUXURIOUS FOR DRY AND/OR MATURE SKIN

ROSE GERANIUM AND CITRUS FACE WASHING GRAINS

£10

I DON'T KNOW ABOUT YOU BUT MY FACE NEVER FEELS REALLY CLEAN UNLESS I WASH IT. THESE WASHING GRAINS ARE MADE FROM OATMEAL, ALMONDS AND CITRUS PEEL, WHICH ARE GROUND TO GIVE A VERY GENTLE EXFOLIATING FACE WASH. THE ADDITION OF VITAMIN E (A NATURAL PRESERVATIVE AS WELL AS EXCELLENT FOR YOUR SKIN) AND ROSE GERANIUM OIL GIVES A BALANCED PRODUCT LEAVING YOUR FACE FEELING CLEAN AND SOFT, WITH NO DRYNESS.

ALOE AND ROSE GERANIUM AND HYDRATING TONER

£10

A BALANCING, REFRESHING BLEND OF ROSE AND GERANIUM HYDROLATS, ALOE VERA GEL AND ROSE GERANIUM OIL, WHICH TONES WITHOUT LEAVING ANY TIGHTNESS.

ROSE GERANIUM AND WHITE TEA RICH MOISTURISER**£15**

A BLEND OF NINE OILS THAT EACH HAVE DIFFERENT SKIN TREATING PROPERTIES, COMBINED WITH WHITE TEA (A POWERFUL ANTI-OXIDANT), ALOE VERA AND ROSE GERANIUM ESSENTIAL OIL COMPLETES THE ROSE GERANIUM RANGE OF FACIAL PRODUCTS, FOR BEAUTIFUL COMPLEXION.

BUY ALL THREE**£33****PALMAROSA RANGE – LIGHT AND REFRESHING FOR OILY AND/OR PROBLEM SKIN****PALMAROSA FACE WASH****£10**

IF YOU HAVE OILY SKIN THE BEST WAY TO WASH IT IS WITH AN OILY CLEANSER! STRANGE BUT TRUE. JOJOBA OIL IS SIMILAR IN STRUCTURE TO SEBUM – THE BODY'S OWN OIL AND HELPS TO DISSOLVE YOUR FACE'S SURFACE OIL. HAZELNUT OIL IS MILDLY ASTRINGENT AND TOGETHER WITH A LIQUID CASTILE SOAP BASE, WHICH IS VERY GENTLE, AND A BLEND OF ESSENTIAL OILS TO HELP WITH OILY AND PROBLEM SKINS, LEAVES YOUR FACE FEELING CLEAN AND FRESH. COMES IN A HANDY SOAP DISPENSER. SHAKE BEFORE USE.

WITCH HAZEL, PALMAROSA AND ROSEWOOD TONER**£10**

THIS REFRESHING, MILDLY ASTRINGENT, TONER WILL LEAVE YOUR SKIN FEELING CLEAN AND SOFT, GETTING RID OF ANY LAST TRACES OF OILINESS WITHOUT LEAVING YOUR SKIN FEELING TIGHT.

PALMAROSA LIGHT MOISTURISER**£15**

COMPLETE YOUR FACIAL REGIME WITH THIS NON-GREASY BLEND OF ALOE VERA, GLYCERIN AND ESSENTIAL OILS.

BUY ALL THREE**£33****FOR EVERYONE****RICH NECK OIL****£20**

THE NECK IS THE FIRST THING THAT SHOWS SIGNS OF AGEING, SO TAKE GOOD CARE OF THE SKIN IN THIS AREA. IT IS MUCH DRIER THAN OUR FACES AS THERE ARE NO OIL PRODUCING GLANDS. WE NEED TO PAY MORE ATTENTION TO THE SKIN ON OUR NECKS SO THAT IT DOESN'T PREMATURELY WRINKLE. JUST A COUPLE OF DROPS ARE ALL THAT ARE NEEDED WHENEVER YOU WASH OR CLEANSE THE AREA. 10ML.

MEN'S FACIAL PRODUCTS**BLACK SPRUCE SHAVING SOAP IN A BOWL****£10**

THIS RICH-LATHERING, LIGHTLY SCENTED SHAVING SOAP IS PERFECT FOR SOFTENING THE BEARD TO ACHIEVE A TRADITIONAL CLOSE SHAVE. IT COMES IN A HAND-CRAFTED, FAIRTRADE COCONUT BOWL. **REFILLS ARE £5.**

BLACK SPRUCE SHAVING BALM**£10**

ENRICHED WITH ALOE VERA AND GLYCERIN, THIS MOISTURISING AFTERSHAVE BALM COMPLEMENTS THE FRAGRANCE OF THE SOAP WHILE REDUCING REDNESS AND INFLAMMATION. THE ESSENTIAL OILS USED ARE STYPTIC, TO HELP STOP BLEEDING AFTER SHAVING.

PALS RANGE**10ML ROLLERBALL****£8.50****RESPIRATORY PAL**

THIS BLEND OF ESSENTIAL OILS HELPS TO CLEAR SINUS CONGESTION AND RESPIRATORY DISCOMFORT AND CLEAR THE BUNGED-UP FEELINGS ASSOCIATED WITH A COLD.

SLEEP PAL

THIS BLEND OF ESSENTIAL OILS PROMOTES A DEEP FEELING OF RELAXATION; TONES DOWN OVERACTIVE AND DRIFTING THOUGHTS; ENCOURAGES DEEP-BREATHING AND HELPS YOU GET A DEEP, RESTFUL SLEEP.

STUDY PAL

THIS BLEND OF ESSENTIAL OILS HELPS TO IMPROVE MEMORY AND MENTAL STAMINA; ENCOURAGES CONCENTRATION AND RECALL; REDUCES FATIGUE AND LETHARGY WITHOUT ANY STIMULATING EFFECTS THAT WOULD IMPEDE SLEEP.

TRAVEL PAL

THIS BLEND OF ESSENTIAL OILS HELPS TO CALM THE NAUSEA AND DIZZINESS ASSOCIATED WITH MOTION SICKNESS WHILE PROMOTING DEEP-BREATHING AND A FEELING OF CALMNESS.

STRESS PAL

THIS BLEND OF ESSENTIAL OILS HELPS TO REDUCE FEELINGS OF ANXIETY AND STRESS AND PROMOTE A SENSE OF CALMNESS AND CONTROL, WITHOUT INDUCING SLEEPINESS.

LIP BALMS

7ML JAR

£3

GREEN AURA LIP BALMS ARE LUSCIOUS, DELICIOUS AND SUITABLE FOR VEGANS. THEY ARE MADE FROM A BLEND OF OILS, WAXES, BUTTERS AND EDIBLE FLAVOURS.

PLEASE NOTE THAT ALL "BUTTERS" ARE OBTAINED FROM NUTS OR THE KERNELS OF CERTAIN FRUITS. THIS IS WHAT GIVES THE LIP BALM ITS CHARACTERISTIC GLOSS AND SLIPPINESS. MOST OF OUR LIP BALMS CONTAIN SWEET ALMOND OIL, OLIVE WAX, COCOA BUTTER AND SHEA BUTTER WHICH IS A NUT.

THERE ARE SIX LIP BALMS IN THE GREEN AURA RANGE AND THEY SMELL AND TASTE EXACTLY AS DESCRIBED

- PEPPERMINT AND GLYCERIN
- CHOCOLATE AND MANDARIN
- MAPLE AND HAZELNUT
- OLIVE, VANILLA AND GINGER
- MANGO, COCONUT AND LIME
- HONEY AND SPICE (TINTED)

BATH PRODUCTS

THE BEST WAY TO USE OUR BATH PRODUCTS IS TO RUN YOUR BATH FIRST TO THE TEMPERATURE YOU REQUIRE (NOT TOO HOT – IT'S BAD FOR YOUR BLOOD PRESSURE!) AND THEN ADD THE SALTS, BOMB ETC. THAT WAY YOU GET THE FULL EFFECT OF THE ESSENTIAL OILS.

BALNAKEIL BAY BATH SALTS

£10

NOTHING BUT THE GOODNESS OF THE SEA – SMELL THE SEA AIR AS YOU OPEN THE LID. PUT A HANDFUL IN YOUR BATH FOR AN INSTANT TRIP TO THE BEACH. SOOOO GOOD FOR YOUR SKIN.

HERBAL SOOTHING BATH SALTS

£10

MADE WITH GOATS MILK AND HERBS SPECIFICALLY CHOSEN FOR THEIR SKIN-IMPROVING PROPERTIES. PUT A HANDFUL IN YOUR BATH TO EASE AWAY THE STRESSES AND STRAINS OF THE DAY. THE BLEND OF ESSENTIAL OILS CAN ALSO HELP YOU GET SOME RESTFUL SLEEP.

MOISTURISING BATH BOMBS

THESE BATH BOMBS GIVE YOU MORE THAN JUST A FIZZ. THEY CONTAIN A BLEND OF BATHBOMB INGREDIENTS, ESSENTIAL OILS AND SWEET ALMOND OIL TO GIVE A LUXURIOUS MOISTURISING BATH EXPERIENCE. BE CAREFUL NOT TO SLIP THOUGH!

LARGE

£3

SMALL

£2

PINK - WARMING

THE OILS USED IN THIS SPICY BLEND HAVE WARMING, ANTI-INFLAMMATORY AND SKIN-HEALING PROPERTIES.

GREEN - COOLING

THE OILS USED IN THIS COOLING, HERBAL BLEND HAVE PROPERTIES WHICH AID DIGESTIVE PROBLEMS. ALTHOUGH USED IN SMALL QUANTITIES HOWEVER THEY MAY BE BEST AVOIDED BY PREGNANT WOMEN.

BLUE - SOOTHING

THE OILS USED IN THIS SOOTHING BLEND HAVE A WIDE RANGE OF CALMING, SKIN-HEALING AND RELAXING PROPERTIES.

BODY PRODUCTS

LUXURY BODY BUTTER

£10

AMAZING! A BLEND OF 7 HIGHLY EMOLLIENT OILS AND ESSENTIAL OILS NOTED FOR THEIR SKIN-IMPROVING PROPERTIES THIS SOFT, MELTING BODY BUTTER IS FOR ANYWHERE YOU HAVE VERY DRY SKIN. APPLY SPARINGLY AS A VERY LITTLE GOES A LONG WAY AND RE-APPLY AS REQUIRED. BRILLIANT FOR YOUR FEET, ELBOWS ETC.

REFRESHING FOOT POWDER

£8

THIS PRODUCT HAS SO MANY USE. ITS GREAT FOR COOLING, DEODORISING AND REFRESHING TIRED FEET, JUST DUST ON WITH A COTTON WOOL PAD OR TALC BUFF. IN ADDITION, PUT A TEASPOONFUL IN YOUR TRAINERS OVERNIGHT AND

TIP IT OUT IN THE MORNING TO REFRESH EVEN THE SMELLIEST FOOTWEAR. YOU CAN EVEN SPRINKLE IT ON RUGS, PET BLANKETS ETC. AND VACUUM OFF AFTER A WHILE TO REFRESH THESE AREAS. CONTAINS NO TALCUM POWDER.

COOLING LEMON FOOT BUTTER

£10

I LOVE THIS SO MUCH! IT PROVIDES A MUCH NEEDED TONIC FOR ANYONE WITH TIRED, SORE, OR CHAPPED FEET. IT CAN ALSO BE USED TO COOL AND RELIEVE INSECT BITES, WITH ITS BLEND OF EMOLLIENT OILS AND ESSENTIAL OILS COMBINED WITH THE ICY SENSATION OF PEPPERMINT.

LEMON-LAVENDER RICH HAND CREAM

£10

THIS SUPER-RICH HAND-CREAM CONTAINS A BLEND OF HIGHLY EMOLLIENT OILS. IF YOU DON'T HAVE VERY DRY HANDS, THIS MAY NOT BE FOR YOU – ALTHOUGH I DON'T AND I FIND THAT USING IT AT NIGHT KEEPS MY HANDS SOFT THROUGHOUT THE DAY EVEN THOUGH I'M WASHING THEM CONTINUALLY. WATCH THIS SPACE FOR A LESS RICH BLEND COMING SOON.

CUTICLE BALM

£3

YOU'LL NEVER FIND AN AROMATHERAPIST WITH BAD NAILS. USING OILS, HYDROLATS AND ESSENTIAL OILS ALL DAY ENSURES WE HAVE FANTASTIC SUPER-STRONG NAILS DESPITE WASHING OUR HANDS ALL THE TIME. THIS BALM IS A BLEND OF ALL THE BEST OF THESE TO KEEP YOUR CUTICLES SOFT AND YOUR NAILS HEALTHY AND STRONG (IF IT SEPARATES JUST GIVE IT A STIR - IT HASN'T "GONE OFF").

NO-PETROLEUM JELLY

£5

DEvised FOR YOUR BABIES BUM, THIS PRODUCT HAS TURNED OUT TO BE AS POPULAR WITH ADULTS (ALTHOUGH I CAN'T SAY WHERE THEY USE IT!). VERY GENTLY SCENTED WITH LAVENDER AND ROMAN CHAMOMILE, WHICH ARE VERY SOOTHING AND HEALING AND SAFE FOR YOUR BABY, YOU CAN USE THIS WHEREVER YOU WOULD USE PETROLEUM JELLY WITHOUT THE PETRO-CHEMICALS. THIS PRODUCT CONTAINS BEESWAX BUT BE MADE VEGAN (MIN ORDER 4 JARS) AS A SPECIAL ORDER.

TREATMENTS

FULL AROMATHERAPY MASSAGE

£40

AROMATHERAPY MASSAGE IS A GENTLE, STROKING MASSAGE USED AS THE VEHICLE FOR APPLYING ESSENTIAL OILS TO THE BODY. THE OILS USED ARE DECIDED AFTER A FULL CONSULTATION. RELAXING AND SOOTHING IT CAN HELP YOU OVERCOME A WIDE RANGE OF PHYSICAL AND PSYCHOLOGICAL PROBLEMS. TAKES 1.5 -2 HOURS INCLUDING CONSULTATION.

FULL AROMATHERAPY MASSAGE + FACIAL

£50

AS ABOVE, PLUS A FACIAL TREATMENT USING GREEN AURA'S FACIAL PRODUCTS. TAKES 2-2.5 HOURS INCLUDING CONSULTATION.

AROMATHERAPY FACIAL

£15

A THOROUGH CLEANSE, MASK, TONER AND FACIAL MASSAGE WITH OUR MOISTURISER. TAKES APPROX. 30MINS.

INDIAN HEAD MASSAGE

£20

THIS MASSAGE ENCOMPASSES THE UPPER BACK, ARMS AND SHOULDERS, NECK, FACE AND SCALP. AMAZING! TAKES ABOUT 30-45 MINS INCLUDING CONSULTATION.

SWISS REFLEX THERAPY

£20

A FORM OF MODIFIED REFLEXOLOGY USING AROMATHERPY OILS AND MASSAGE. TAKES ABOUT AN HOUR INCLUDING CONSULTATION.

CONSULTATION ONLY + TAKE-AWAY

£15

IF YOU'RE TRAVELLING AND DON'T HAVE TIME FOR A FULL TREATMENT YOU CAN JUST HAVE THE CONSULTATION AND TAKE AWAY A SPECIALLY-BLENDED PRODUCT TO MEET YOUR NEEDS. ALMOST (BUT NOT QUITE) AS GOOD AS THE REAL THING. TAKES ABOUT 20 MINS.

GIFT VOUCHERS

GIFT VOUCHERS (STARTING AT £5 AND IN MULTIPLES THEREOF) CAN BE PURCHASED FROM US.

IF YOU CAN'T DECIDE WHAT SOMEONE WOULD LIKE, OR IF YOU KNOW SOMEONE WHO IS TRAVELLING UP OUR WAY AND WOULD ENJOY ONE OF OUR TREATMENTS THEN BUY THEM A GIFT VOUCHER AND WE'LL SEND IT TO YOU.

AND DON'T WORRY – YOUR GIFT CAN BE REDEEMED ONLINE (FOR PRODUCTS NOT TREATMENTS, OF COURSE). WE APPRECIATE NOT EVERYONE CAN GET TO US.